

SAG-Eligible/AEA www.lizdays.com / lizdays@yahoo.com

DDO NY - Commercial/VO Bennett Connection - Theatrical, South

FILM		
I'll Be There (Amazon/Apple)	Supporting	Andrew Shea
Routine	Lead	Maria Stamatakos
Bluebird	Supporting	Sara Crow
The Sanctity of Liz	Supporting	Jenny Ward
City of One	Supporting	Andrea Shapiro
Sugar Honey	Supporting	Amanda Gordon
It's a Long Story	Supporting	Adea Lennox
Simon's Quest	Supporting	Marley Jaeger
Woods Baseball	Supporting	Ben Kujawski
Let's Go for a Drive	Lead	Tabitha Barnett
τv		
Dead of Winter S2 Ep4	Lead	Justin Stanley/ ID Network
Evil Lives Here S7 Ep11	Supporting	Justin Stanley/ ID Network
Plant	Series Regular	Andrew Nielson
Untold Genius	Supporting	Moshe Lobel
Janie is Sick	Supporting	Alison Vincitore
Payroll	Supporting	Stefon Bristol
Running with Delays	Supporting	Shoshana Canali
THEATRE		
Boswell	Garrick, Mrs Thrale, Fiona (u/s)	59E59/Laura Gordon
The Last Grain of Rice	Margaret	The Tank NYC/Hannah Marie Pederson
Salome: The Reading w/ Al Pacino	Slave	St. Ann's Warehouse/Estelle Parsons
The 13 <sup>th</sup> of Paris	Chloe	Public Theater, ME/Janet Mitchko
Flighty Connections! (solo show)	6 characters	The PIT/Rachael Harrington
The Answer is Horse	Mrs. Rosen/Ensemble	Midtown Int'l Theatre Festival/Joya Scott
COMMERCIALS/VO		
List Available Upon Request		
TRAINING/EDUCATION		
Meisner 2-yr Acting Program	William Esper	William Esper Studio
Acting/ Working w/ Directors	Lee Brock, Seth Barrish, Eric Paeper	The Barrow Group
On Camera Acting Technique	Bob Krakower, Jodi Collins	One on One
LAB Master Class (Acting)	Ron Cephas Jones, Russel G. Jones, (+)	LAByrinth Theatre Co
Sketch Writing & Character	Alex Zalben, Amy Albert	The PIT
Improv	Rachel Hamilton, Alex Marino, (+)	UCB/Magnet Theatre
BA English		NYU

## **SKILLS**

**Stand-Up Comedy,** Karaoke: Alto; Whistling; Basic Guitar; Basic Spanish; **Dialects:** RP British, Southern (general), French, BK; Licensed NYC Tour Guide; Licensed Driver (manual/automatic); Valid Passport; Cooking Omelets; Good with Pets/Children/Children of Pets

Awards: Best Actress/Comedy for "Plant": NYCWeb, LAWeb, HollyWeb, ISA, Pre-Nomination Emmy Ballot 2017